

Simulation studies in psychology: Status quo, problems, and potential solutions

MSMR · August 2026

Björn Siepe

Psychological Methods Lab, Department of Psychology, Marburg University

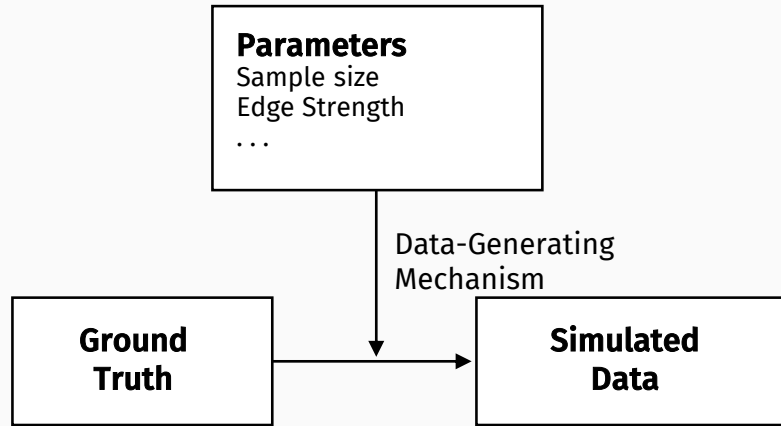
Part I: Background and Issues

Simulation studies

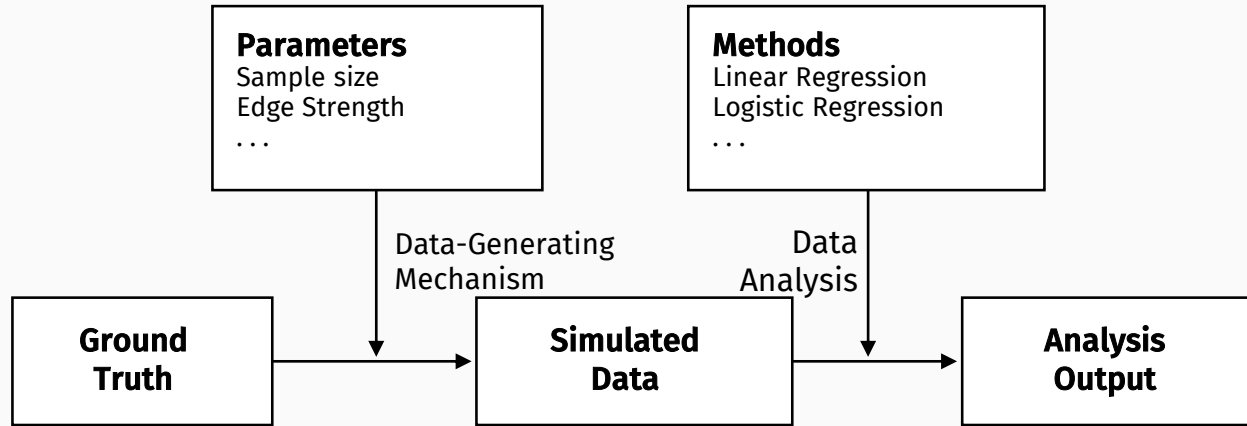


**Ground
Truth**

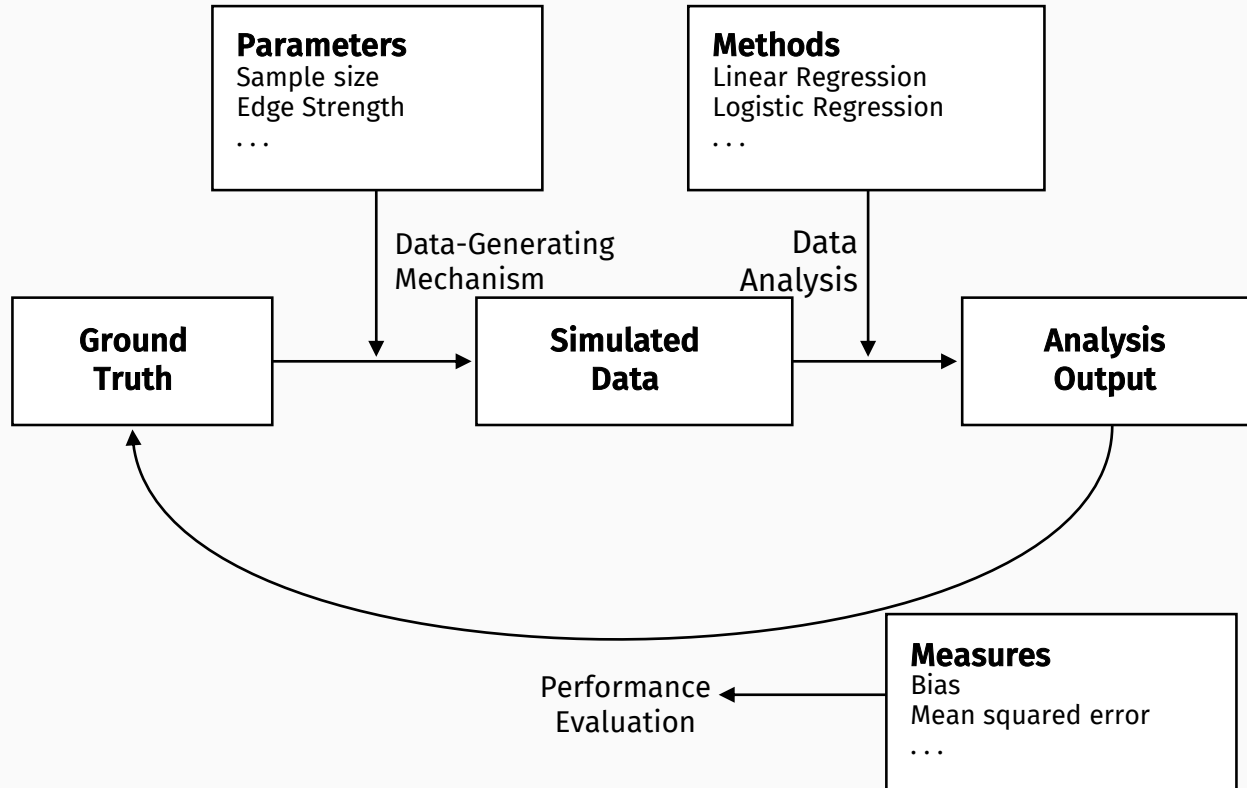
Simulation studies



Simulation studies



Simulation studies



Issues in simulation studies

Issues in simulation studies



Marcin Wichary - Wikimedia

Issues in simulation studies



Marcin Wichary - Wikimedia

“ **Statisticians ... often pay too little attention to their own principles of design**
Hoaglin & Andrews, 1975

Meta-Science on Simulation Studies

Meta-Science on Simulation Studies

Studied across **(bio)statistics, ecology, and psychometrics**

e.g., Koehler et al., 2009; Morris et al., 2019; Williams et al., 2024; Feinberg & Rubright, 2016; Bouma et al., 2026

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Flexibility

Many degrees of freedom

Pawel et al., 2024

Over-optimism towards new
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Ullmann et al., 2023

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Insufficient reporting

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Reproducibility failures

Luijken et al., 2024

Unclear non-convergence handling

Pawel et al., 2026; Wünsch et al., 2025

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Pawel et al., 2026; Wunsch et al., 2025

Overall: Issues similar to other empirical research

Boulesteix et al., 2020

Simulation studies in psychology



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Psychological Methods

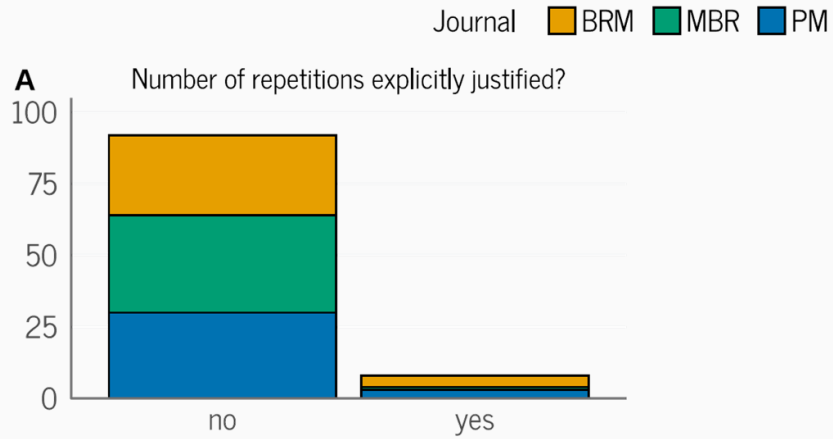
<https://doi.org/10.1037/met0000695>

Simulation Studies for Methodological Research in Psychology: A Standardized Template for Planning, Preregistration, and Reporting

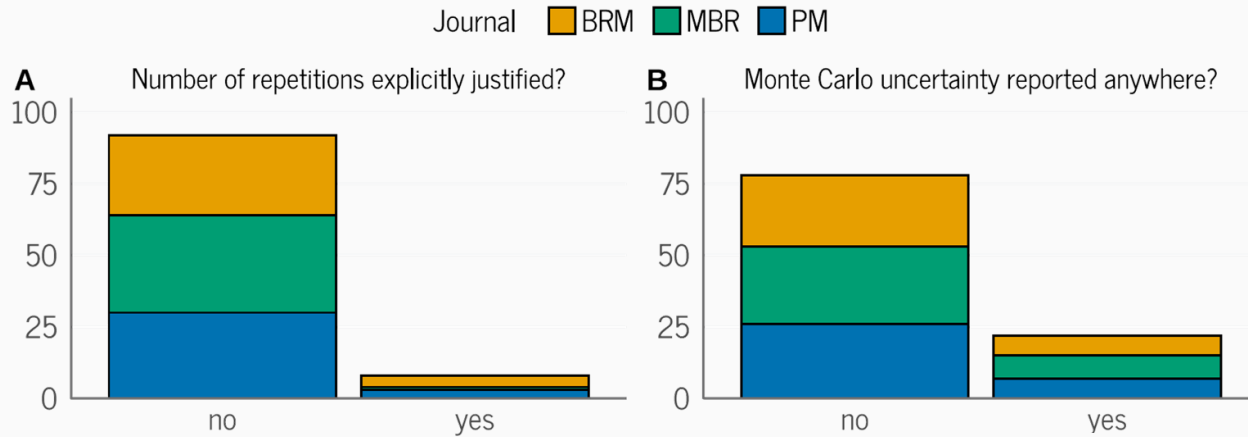
Björn S. Siepe¹, František Bartoš², Tim P. Morris³, Anne-Laure Boulesteix^{4, 5},
Daniel W. Heck¹, and Samuel Pawel^{6, 7}

Simulation studies in psychology

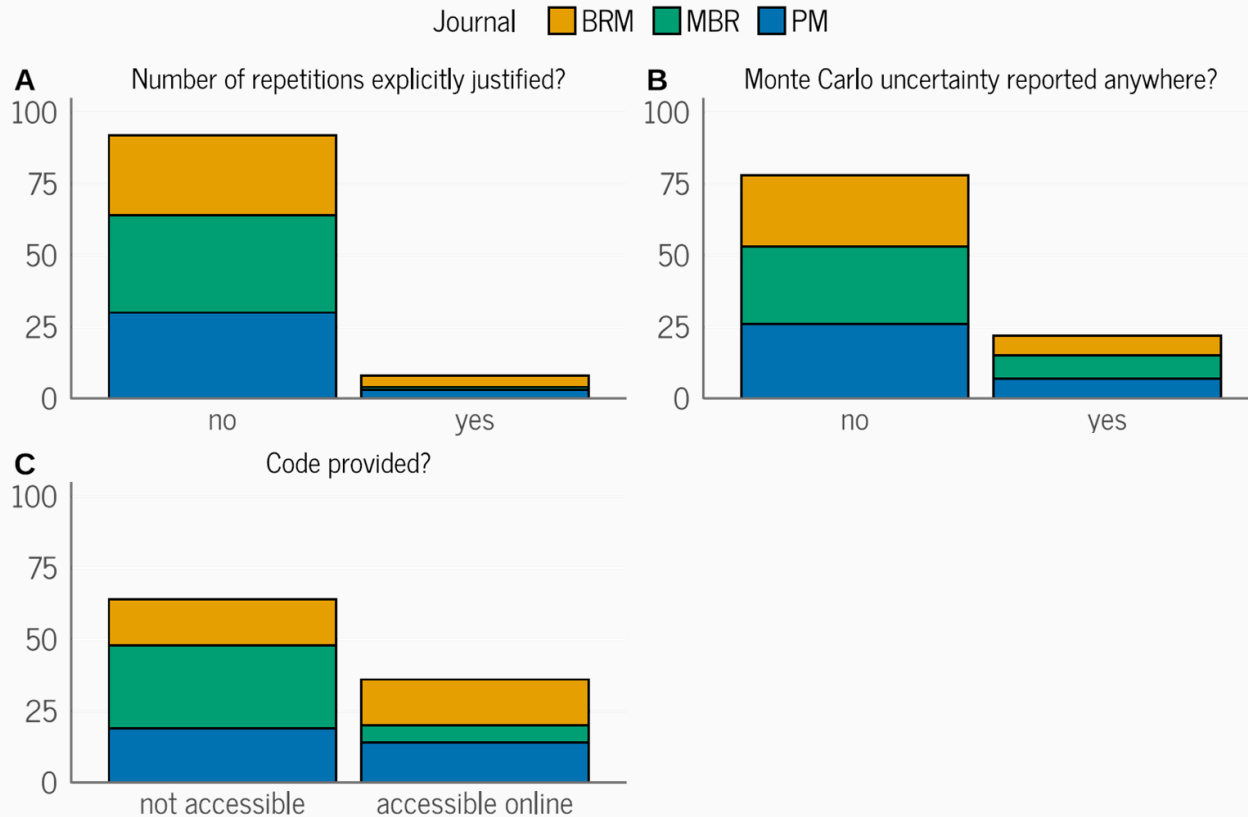
Simulation studies in psychology



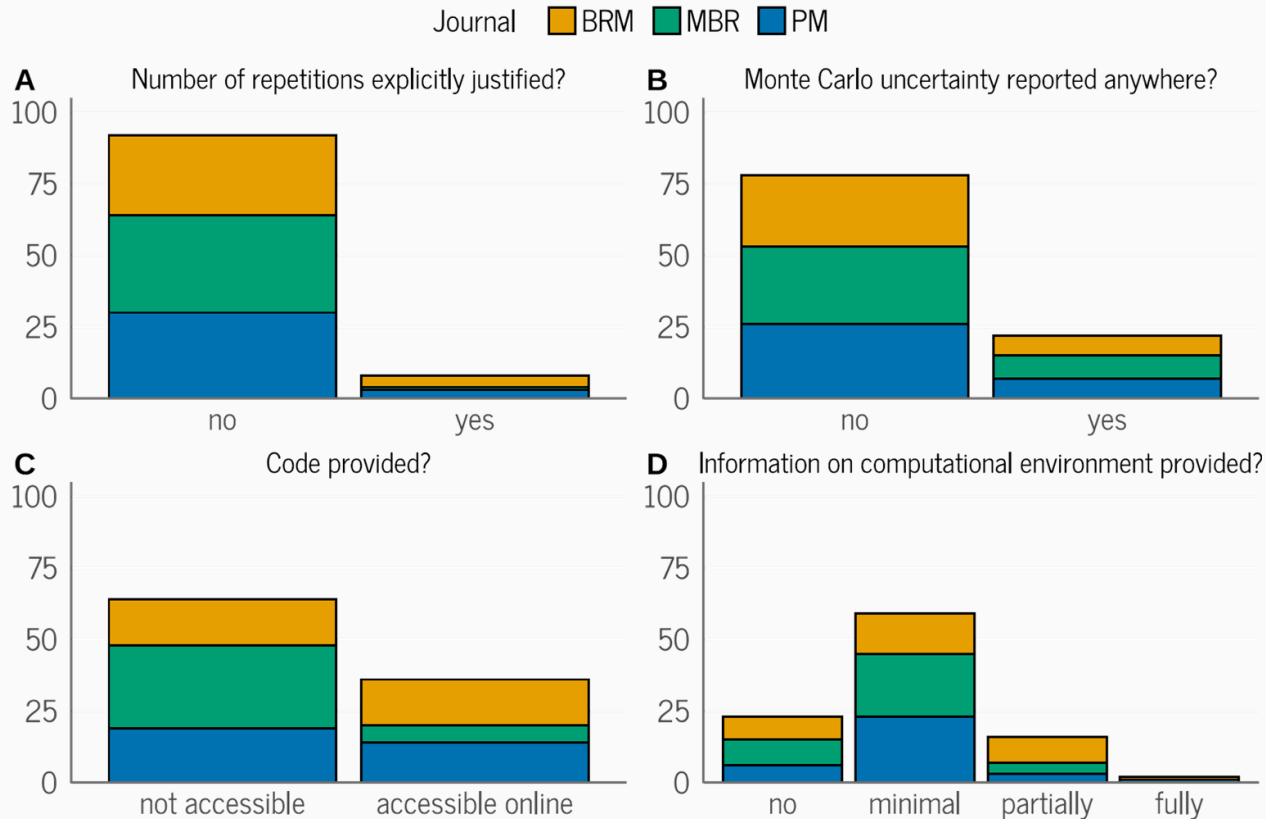
Simulation studies in psychology



Simulation studies in psychology



Simulation studies in psychology



Improving reporting (based on Morris et al., 2019)

Improving reporting (based on Morris et al., 2019)

Table 3

Definitions of Common Performance Measures, Their Estimates, MCSEs, and Number of Simulation Repetitions n_{sim} to Achieve a Desired MCSE (Morris et al., 2019, Table A1)*

Performance measure	Definition	Estimate	MCSE	n_{sim}
Bias	$E(\hat{\theta}) - \theta$	$(\sum_{i=1}^{n_{\text{sim}}} \hat{\theta}_i / n_{\text{sim}}) - \theta$	$\sqrt{S_{\hat{\theta}}^2 / n_{\text{sim}}}$	$S_{\hat{\theta}}^2 / \text{MCSE}_{*}^2$
Relative bias	$\{E(\hat{\theta}) - \theta\} / \theta$	$\{(\sum_{i=1}^{n_{\text{sim}}} \hat{\theta}_i / n_{\text{sim}}) - \theta\} / \theta$	$\sqrt{S_{\hat{\theta}}^2 / (\theta^2 n_{\text{sim}})}$	$S_{\hat{\theta}}^2 / (\text{MCSE}_{*}^2 \theta^2)$
MSE	$E\{(\hat{\theta} - \theta)^2\}$	$\sum_{i=1}^{n_{\text{sim}}} (\hat{\theta}_i - \theta)^2 / n_{\text{sim}}$	$\sqrt{S_{(\hat{\theta} - \theta)^2}^2 / n_{\text{sim}}}$	$S_{(\hat{\theta} - \theta)^2}^2 / \text{MCSE}_{*}^2$
RMSE	$\sqrt{E\{(\hat{\theta} - \theta)^2\}}$	$\sqrt{\sum_{i=1}^{n_{\text{sim}}} (\hat{\theta}_i - \theta)^2 / n_{\text{sim}}}$	$\sqrt{S_{(\hat{\theta} - \theta)^2}^2 / (4n_{\text{sim}} \text{MSE})}$	$S_{(\hat{\theta} - \theta)^2}^2 / (4\text{MSE} \text{MCSE}_{*}^2)$
Empirical variance	$\text{Var}(\hat{\theta})$	$S_{\hat{\theta}}^2$	$S_{\hat{\theta}}^2 \sqrt{2 / (n_{\text{sim}} - 1)}$	$1 + 2(S_{\hat{\theta}}^2)^2 / \text{MCSE}_{*}^2$
Empirical standard error	$\sqrt{\text{Var}(\hat{\theta})}$	$\sqrt{S_{\hat{\theta}}^2}$	$\sqrt{S_{\hat{\theta}}^2 / \{2(n_{\text{sim}} - 1)\}}$	$1 + S_{\hat{\theta}}^2 / (2\text{MCSE}_{*}^2)$
Coverage	$\Pr(\text{CI includes } \theta)$	$\sum_{i=1}^{n_{\text{sim}}} \mathbb{1}(\text{CI}_i \text{ includes } \theta) / n_{\text{sim}}$	$\sqrt{\widehat{\text{Cov}}(1 - \widehat{\text{Cov}}) / n_{\text{sim}}}$	$\widehat{\text{Cov}}(1 - \widehat{\text{Cov}}) / \text{MCSE}_{*}^2$
Power (or Type I error rate)	$\Pr(\text{Test rejects } H_0)$	$\sum_{i=1}^{n_{\text{sim}}} \mathbb{1}(\text{Test}_i \text{ rejects } H_0) / n_{\text{sim}}$	$\sqrt{\widehat{\text{Pow}}(1 - \widehat{\text{Pow}}) / n_{\text{sim}}}$	$\widehat{\text{Pow}}(1 - \widehat{\text{Pow}}) / \text{MCSE}_{*}^2$
Mean CI width	$E(\text{CI}_{\text{upper}} - \text{CI}_{\text{lower}})$	$\sum_{i=1}^{n_{\text{sim}}} (\text{CI}_{i,\text{upper}} - \text{CI}_{i,\text{lower}}) / n_{\text{sim}}$	$\sqrt{S_W^2 / n_{\text{sim}}}$	$S_W^2 / \text{MCSE}_{*}^2$
Mean of generic statistic G	$E(G)$	$\sum_{i=1}^{n_{\text{sim}}} G_i / n_{\text{sim}}$	$\sqrt{S_G^2 / n_{\text{sim}}}$	$S_G^2 / \text{MCSE}_{*}^2$

Improving reporting (based on Morris et al., 2019)

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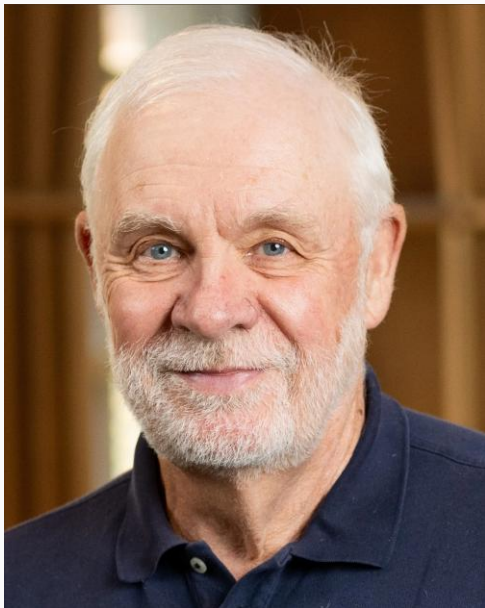
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ADEMP-PreReg Template for Simulation Studies

November 27, 2024

Deeper issues in simulation studies

Deeper issues in simulation studies



<https://src.isr.umich.edu/research/faculty-profiles/profiles/littleroderick-j/>

“ Good simulation studies are not given the respect they deserve. Often the **design is perfunctory and simplistic** [...] and results are over-generalized.

Roderick Little, 2013

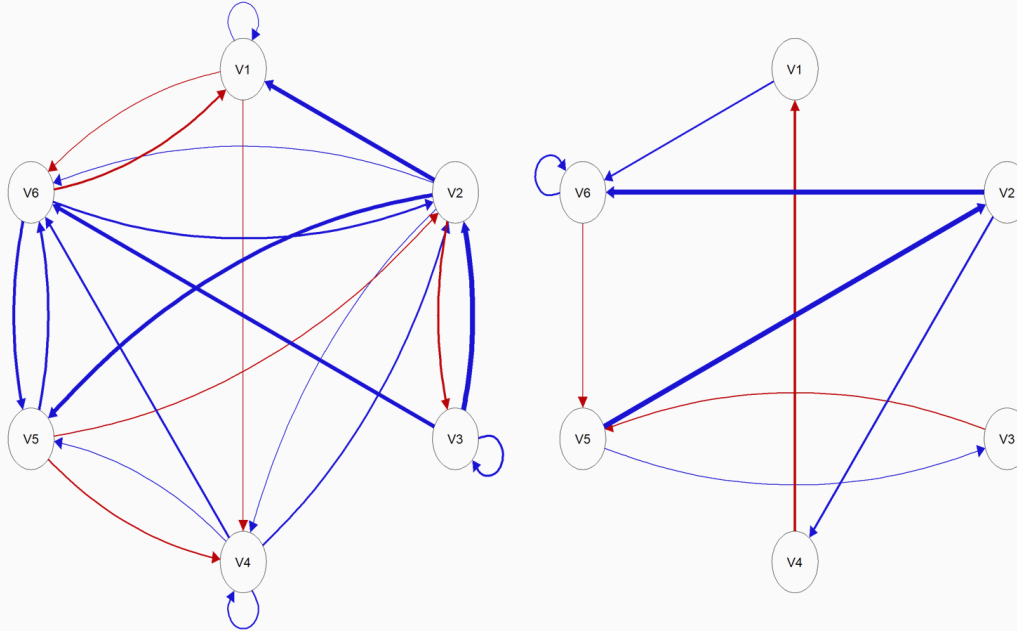
Few constraints on plausible DGMs

Few constraints on plausible DGMs

What is a useful/realistic data-generating mechanism?

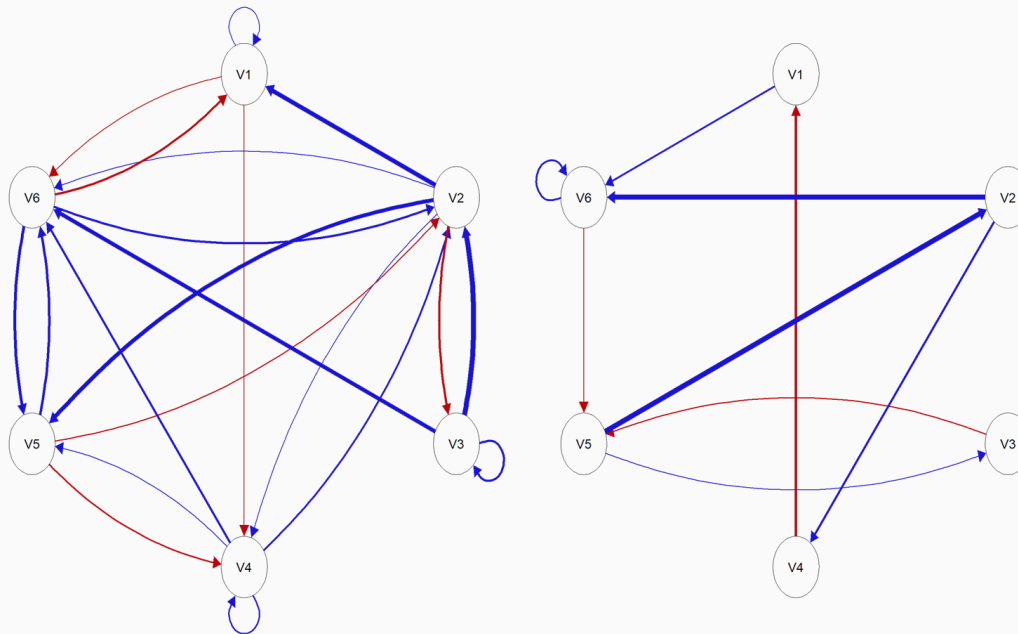
Few constraints on plausible DGMs

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Few constraints on plausible DGMs

What is a useful/realistic data-generating mechanism?



➡ Hard to understand when performance differences actually matter

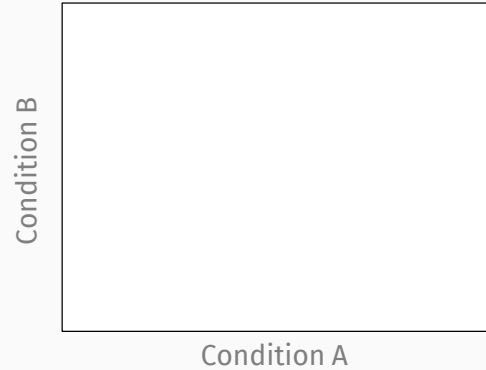
Part II: Solutions?

Exploring the data-generating space

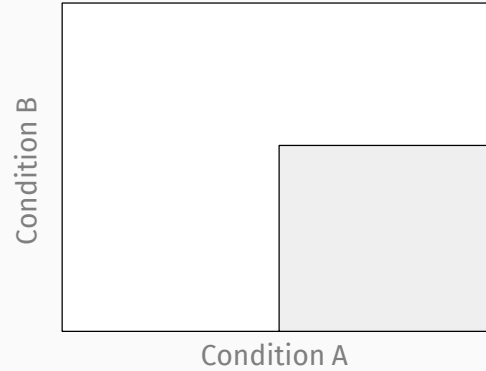
Exploring the data-generating space



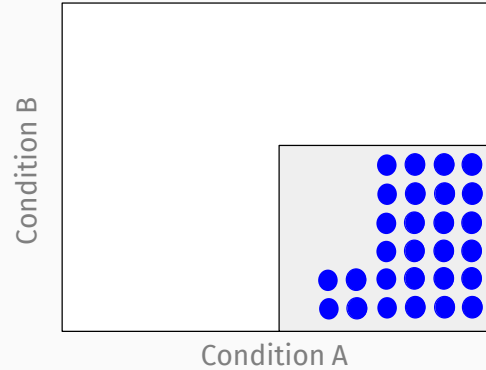
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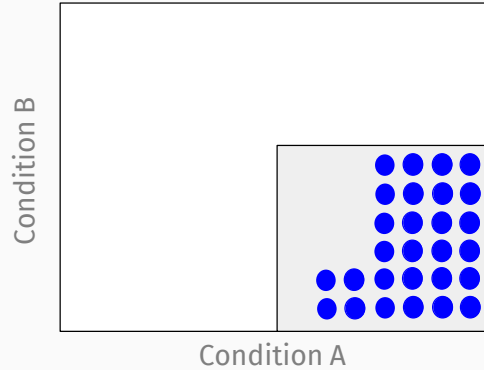
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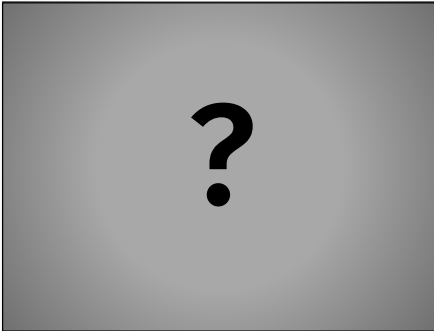
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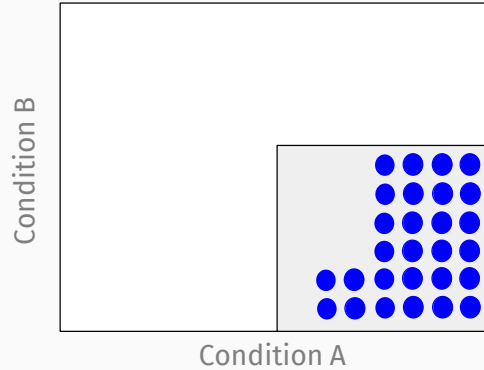
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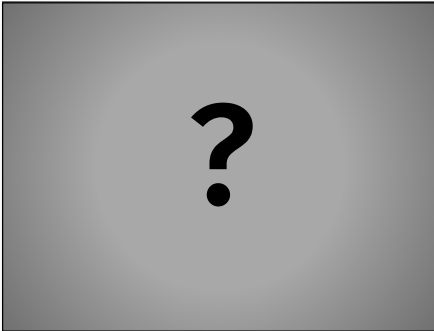
Transparency



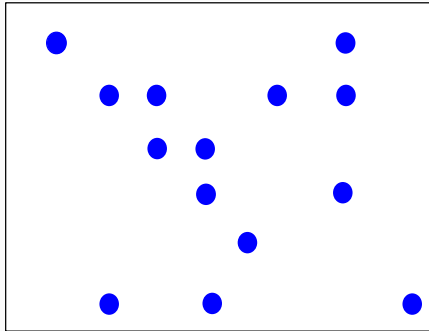
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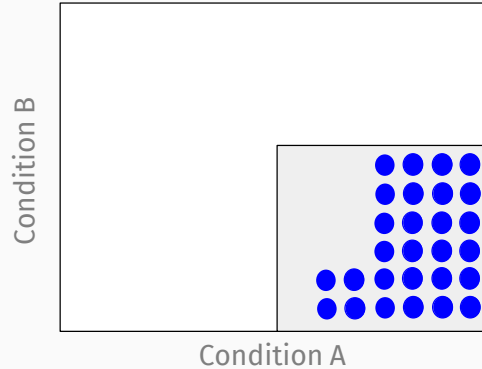
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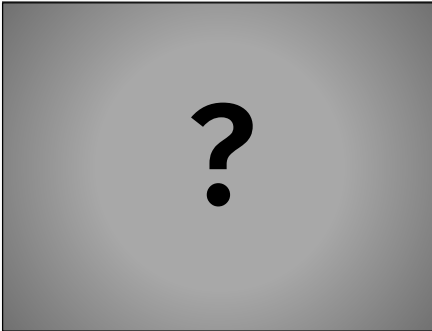
Efficient exploration



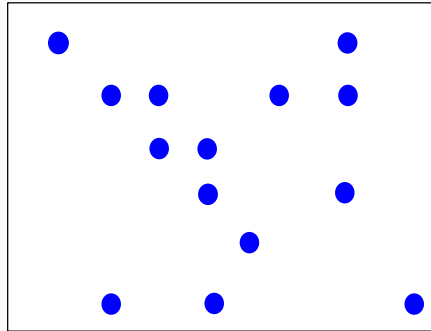
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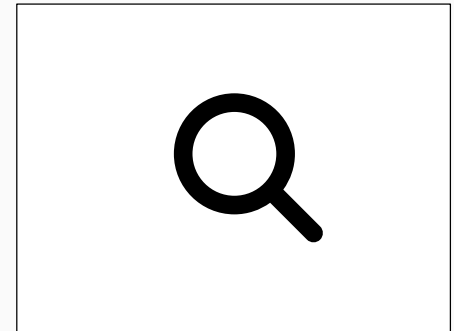
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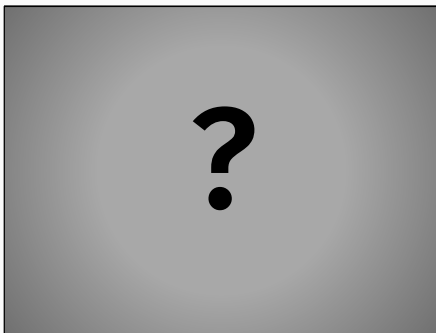


Benchmarking

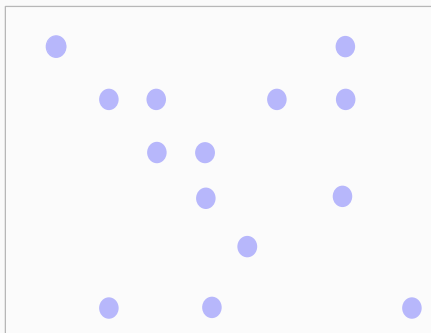


The role of preregistration for transparency

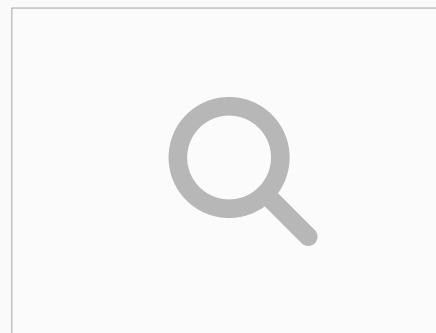
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Efficient exploration



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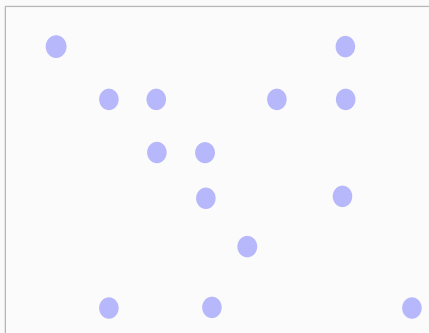


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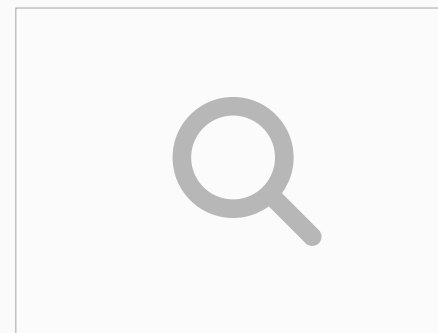
Transparency



Efficient exploration



Benchmarking



**Why, when, and how to (or not to)
preregister a simulation study**

Björn S. Siepe^{† 1}, František Bartoš^{2*}, Anne-Laure Boulesteix^{3,4*},
Daniel W. Heck^{1*}, Aaron Peikert^{5,6*}, Alexandra Sarafoglou^{2*},
Samuel Pawel⁷

Simulation studies make generalizable claims

Simulation studies make generalizable claims

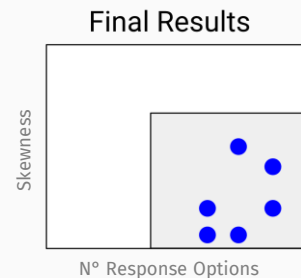
“We recommend method XYZ for ordinal items

Hypothetical authors

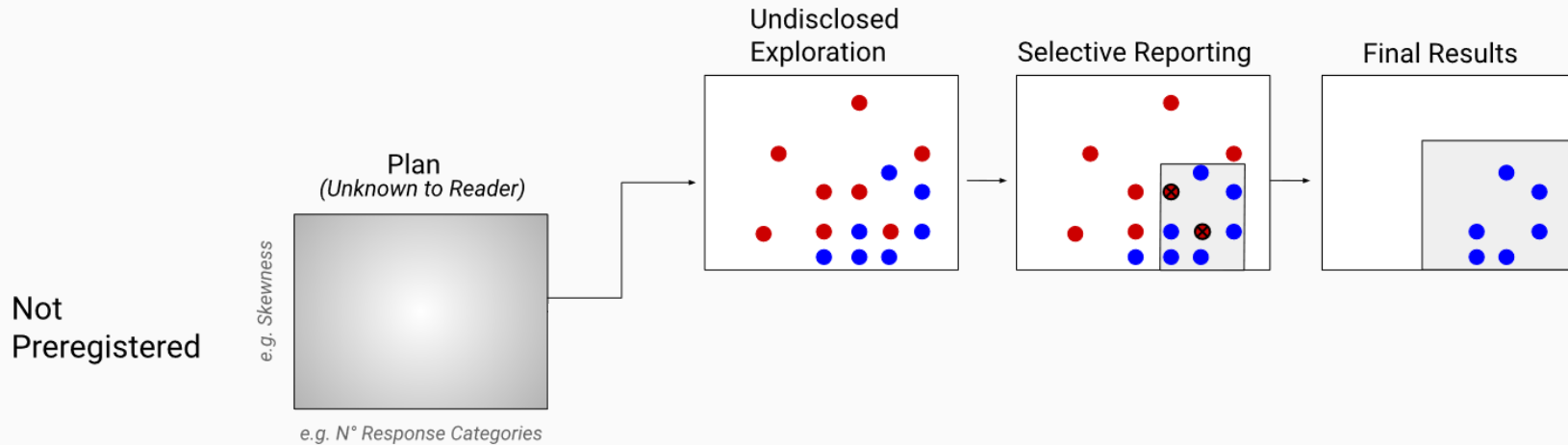
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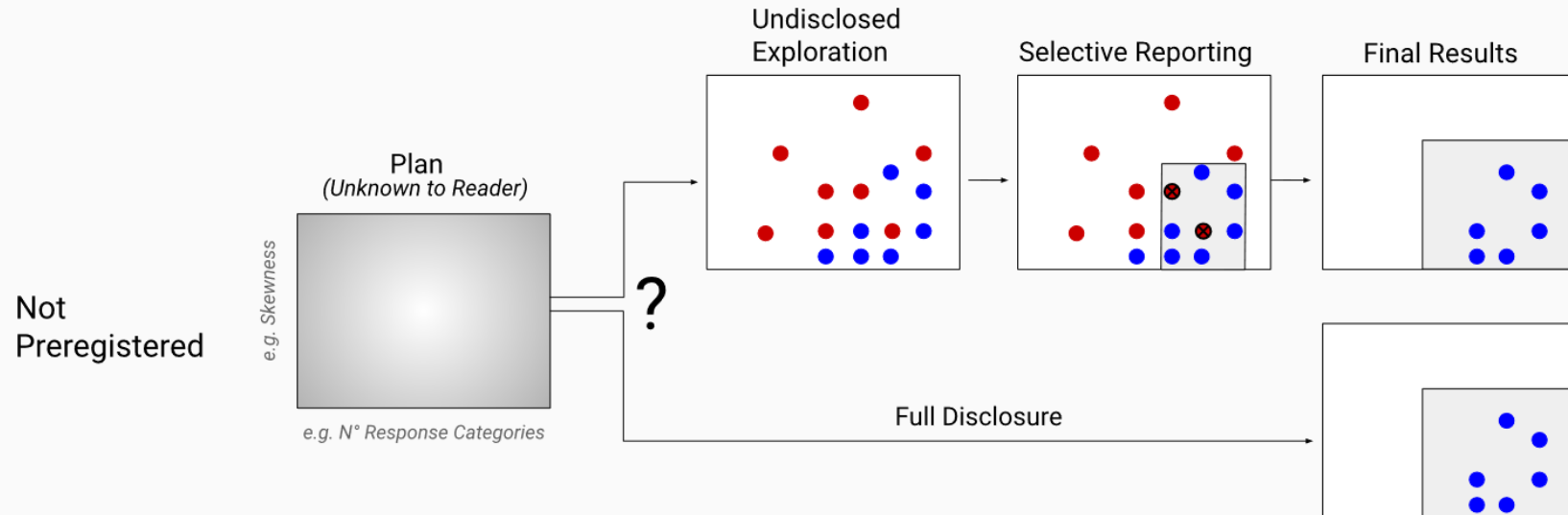
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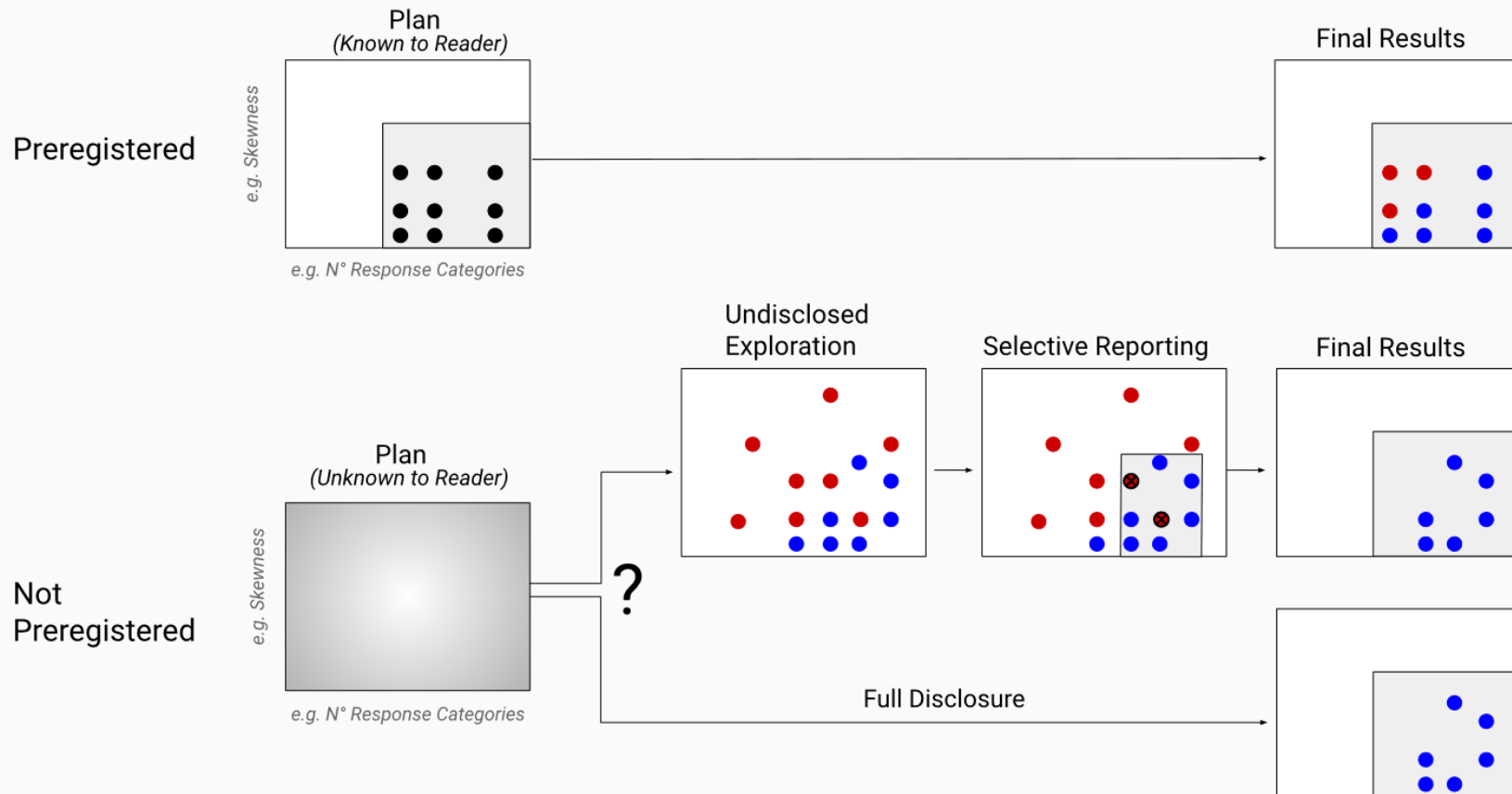
Preregistration reduces epistemic uncertainty



Preregistration reduces epistemic uncertainty

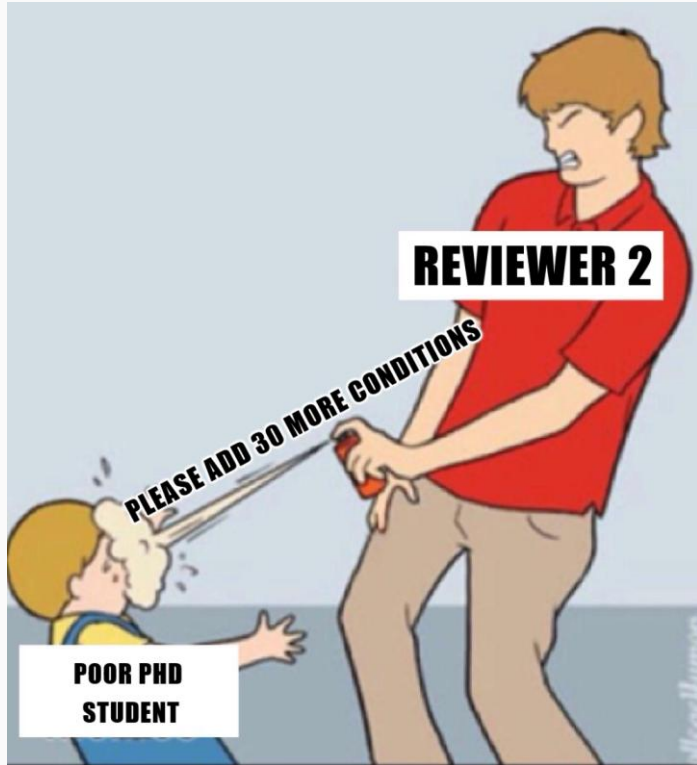


Preregistration reduces epistemic uncertainty



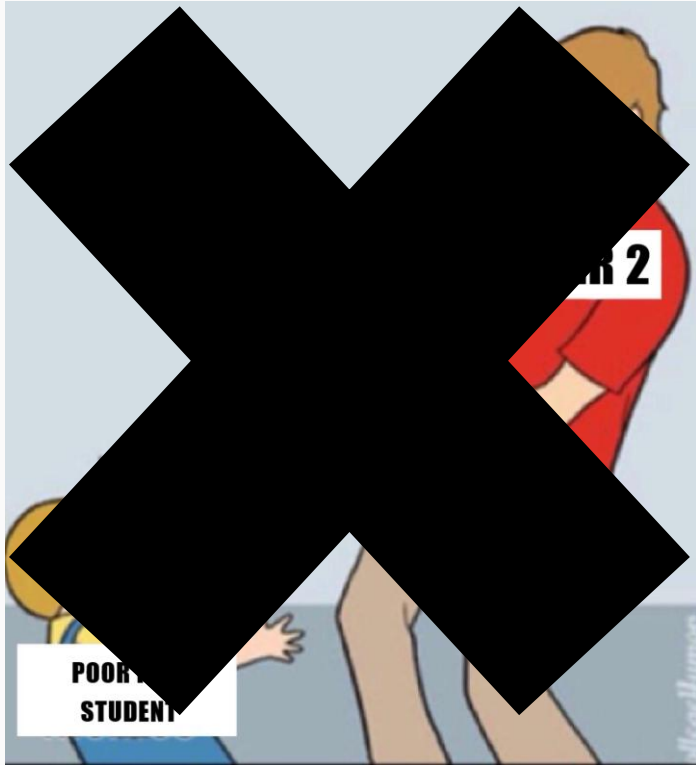
Registered Reports to the rescue

Registered Reports to the rescue



Created with ImageResizer

Registered Reports to the rescue



Created with ImageResizer



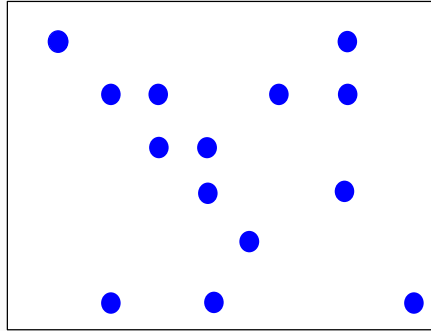
Centre for Open Science

Exploring the data-generating space

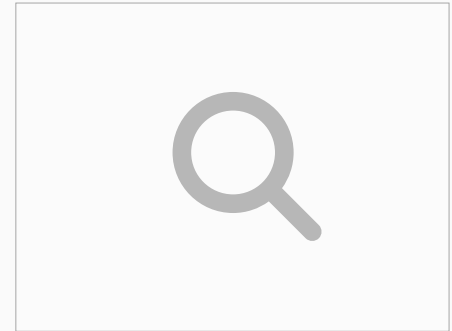
Transparency



Efficient exploration



Benchmarking



Exploring more efficiently

Multivariate Behavioral Research, 35 (2), 137-167
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Design and Analysis of Monte Carlo Experiments: Attacking the Conventional Wisdom

Anders Skrondal
Department of Epidemiology
National Institute of Public Health, Oslo

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Less but the same? Methods for Reducing the Size of Simulation Study Designs

Angelike & Papenberg (in prep.)

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Less but the same? Methods for Reducing the Size of Simulation Study Designs

Angelike & Papenberg (in prep.)

Design of experiments for simulation studies: Comparing strategies using surrogate models

Hafiz, ..., & Peikert (in prep.)

Incentivizing cumulative simulation research

Living Synthetic Benchmarks: A Neutral and Cumulative Framework for Simulation Studies

František Bartoš ¹, Samuel Pawel ², Björn S. Siepe ³

Separate Studies (Status Quo)

Paper 1
(new method)



Living Synthetic Benchmarks: A Neutral and Cumulative Framework for Simulation Studies

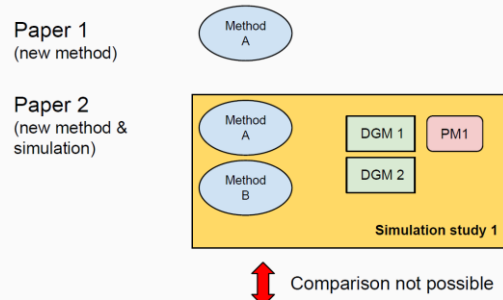
František Bartoš ¹, Samuel Pawel ², Björn S. Siepe ³

Incentivizing cumulative simulation research

Living Synthetic Benchmarks: A Neutral and Cumulative Framework for Simulation Studies

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Separate Studies (Status Quo)

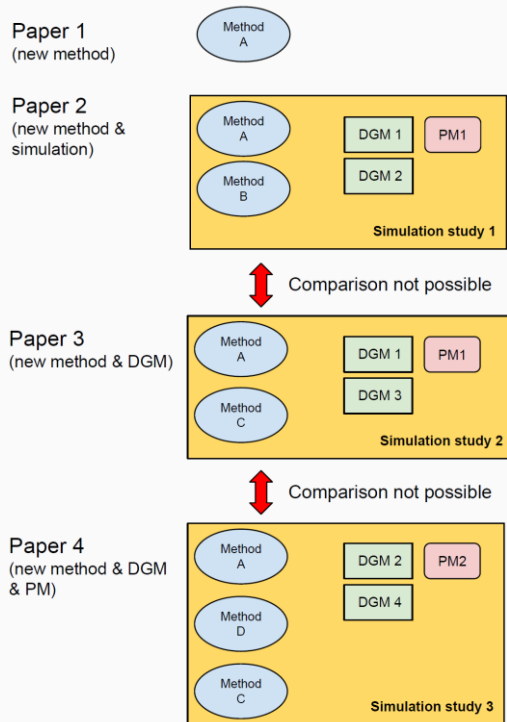


Incentivizing cumulative simulation research

Living Synthetic Benchmarks: A Neutral and Cumulative Framework for Simulation Studies

František Bartoš ¹, Samuel Pawel ², Björn S. Siepe ³

Separate Studies (Status Quo)



DGM: Data-Generating Mechanism
PM: Performance Measure

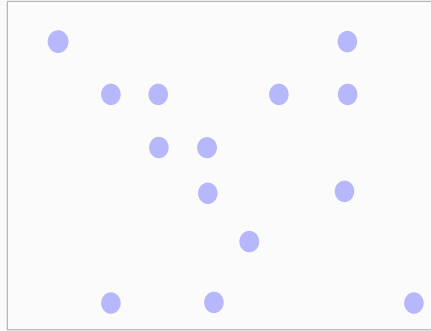
Exploring the data-generating space

Exploring the data-generating space

Transparency

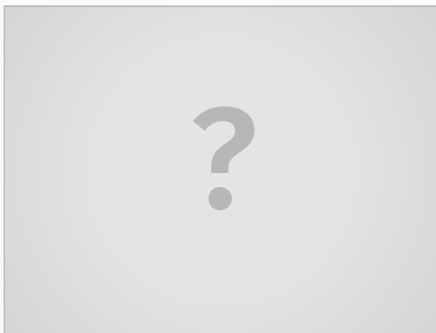


Efficient exploration

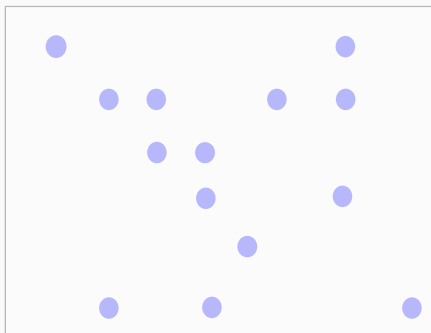


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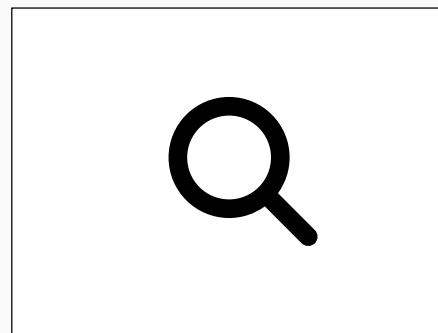
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Efficient exploration

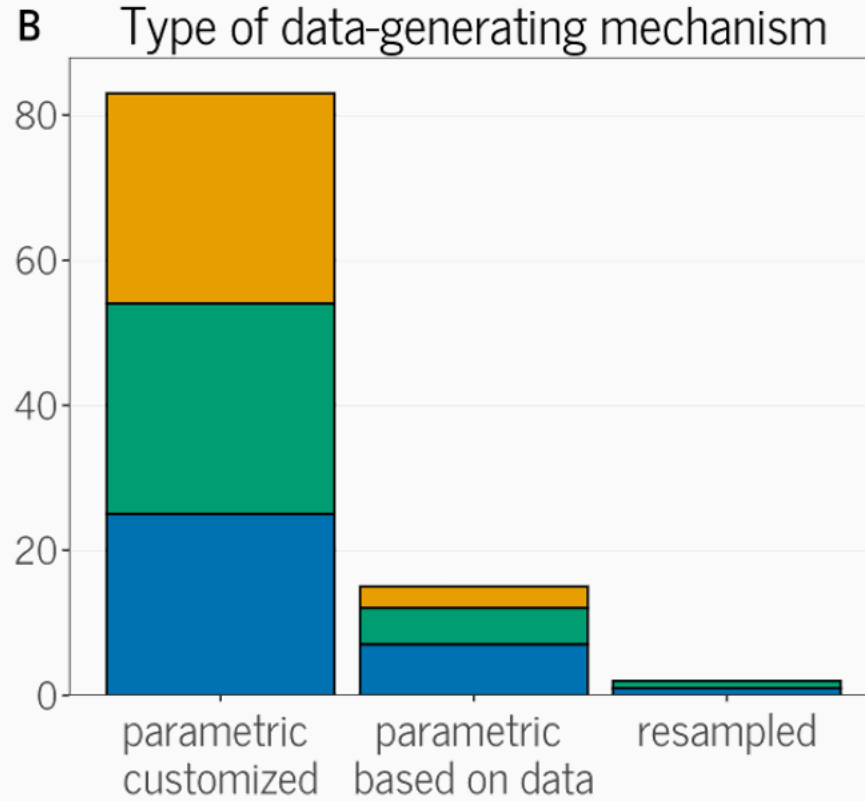


Benchmarking



What about *real* benchmarking?

What about *real* benchmarking?



Psychology has been slow to adopt benchmarking

Psychology has been slow to adopt benchmarking

Computer Vision/ML



Source: Steni Sebastian, Medium

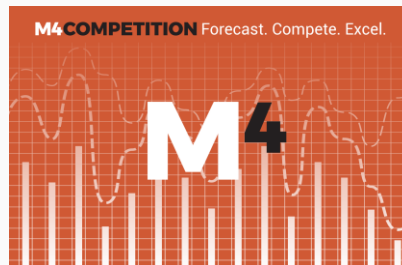
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Source: Stenī Sebastian, Medium

Forecasting



Source: Rob Hyndman

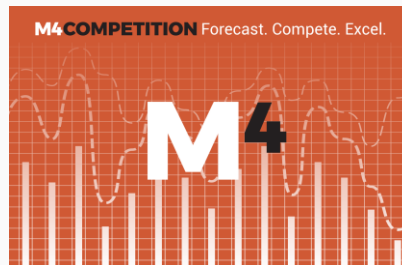
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Source: Rob Hyndman

Biostatistics

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EDITORIAL

Benchmarking comes of age

Mark D. Robinson^{1*} and Olga Vitek^{2*}

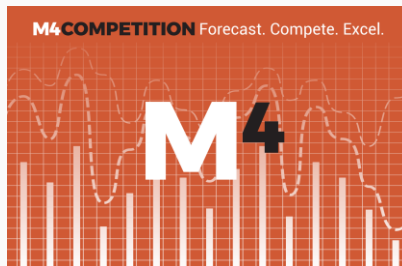
Psychology has been slow to adopt benchmarking

Computer Vision/ML



Source: Steni Sebastian, Medium

Forecasting



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(Rocca & Yarkoni, 2021)

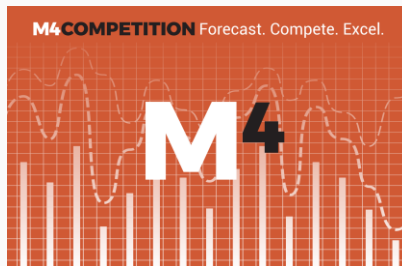
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1. Lack of openly available data

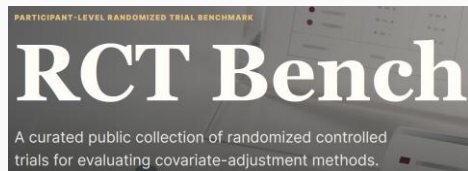
2. Focus on in-sample performance

The time is ripe for benchmarking

The time is ripe for benchmarking

We now have lots of open data

Item Response Warehouse



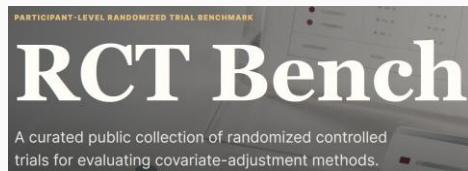
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Some of us care about prediction

Item Response Warehouse



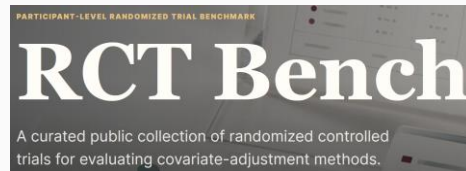
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Choosing Prediction Over Explanation in Psychology: Lessons From Machine Learning

Tal Yarkoni and Jacob Westfall

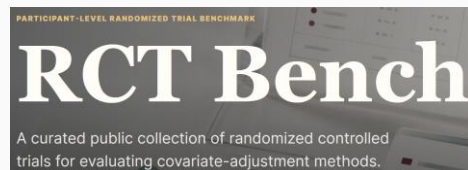
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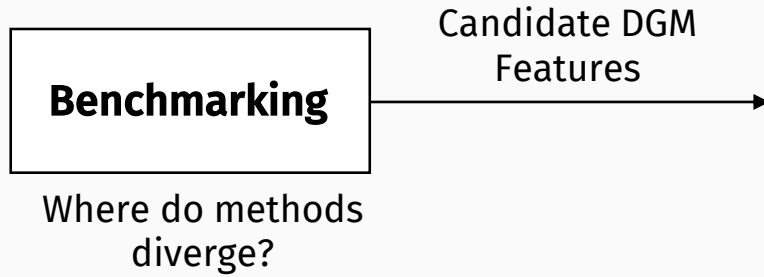
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Benchmarking and simulations

Benchmarking

Benchmarking and simulations



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Essential guidelines for computational method benchmarking



Lukas M. Weber^{1,2}, Wouter Saelens^{3,4}, Robrecht Cannoodt^{3,4}, Charlotte Soneson^{1,2,8}, Alexander Hapfelmeier⁵, Paul P. Gardner⁶, Anne-Laure Boulesteix⁷, Yvan Saeys^{3,4*} and Mark D. Robinson^{1,2*}

Simulations, 51 years later

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“ **Statisticians ... often pay too little
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Hoaglin & Andrews, 1975

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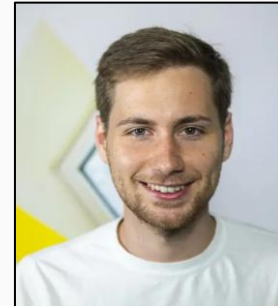
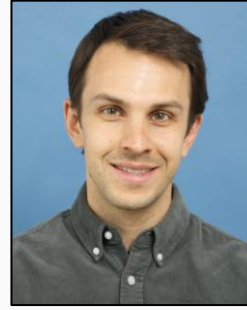
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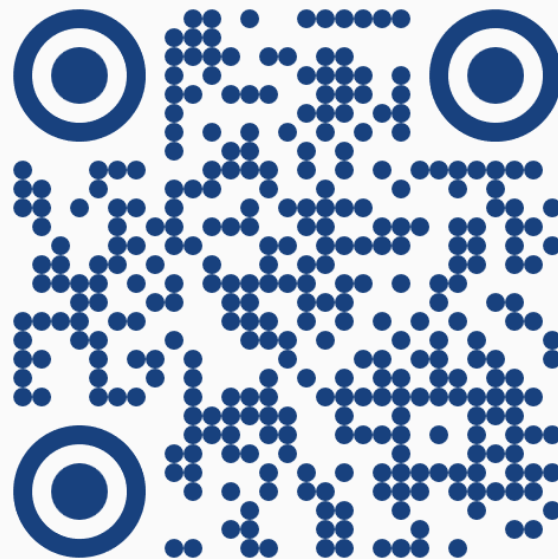


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